

A Pathway to Recovery and Resilience for Our Children and Youth



CONTRIBUTING CENTER(S):

Northwest MHTTC

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A collaborative of national experts including training and technical assistance team members from the **UW SMART Center** developed an action agenda with recommendations to address the growing mental health needs of students and educators. A Pathway to Recovery and Resilience for Our Children and Youth calls on educational and collaborating youth system leaders to address the youth mental health crisis and take advantage of funding, policy, and other opportunities to make novel and meaningful changes that support the positive mental health and wellbeing of all students and educators.

Access the Action Agenda >

Want more information and school mental health resources?

*Visit the Northwest MHTTC's **School Mental Health page** and **sign up for our newsletter** for regular updates about events, trainings, and resources available to the Northwest region.*

CONTACT US

networkoffice@mhttcnetwork.org

650-721-8692



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healthknowledge.org
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Spotlight on SAMHSA Resources

GET HELP

988 Suicide and Crisis Lifeline
Early Serious Mental Illness Treatment Locator
findtreatment.gov
SAMHSA's National Helpline: 1-800-662-HELP (4357)
SAMHSA's Disaster Distress Helpline: 1-800-985-5990 or Text TALKWITHUS
to 66746



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