

New Webinar Series: Creating Trauma-Responsive Schools



CONTRIBUTING CENTER(S):
Northwest MHTTC

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The **Northwest Mental Health Technology Transfer Center**, in partnership with the **Treatment and Services Adaptation Center for Resiliency, Hope, and Wellness in Schools at the University of Southern California**, present the:

2019-2020 Webinar Series: Creating Trauma-Responsive Schools

Check out our ***Northwest MHTTC School Based Mental Health page*** for more information, resources, and materials.

Webinar #1: Trauma-Informed Skills for Educators (TISE) - Part 1 (of 2): Trauma 101

Date: November 13, 2019

Times: 11-12:30 p.m. PT / 10-11:30 a.m. AK / 12-1:30pm MT

The webinar is designed to enhance educators' knowledge about trauma and its impact on students, as well as enhance educators' ability to engage with youth who've been exposed to trauma. Experts will provide information about the definition of trauma, the neurological impact of trauma on students, the signs and symptoms of trauma, and an explanation of how trauma can manifest in the classroom.

- **Presentation PDF**
 - **Recording**
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Webinar #2: Trauma-Informed Skills for Educators (TISE) - Part 2 (of 2): Trauma-Responsive Skills and Strategies

Date: December 4, 2019

Times: 11-12:30 p.m. PT / 10-11:30 a.m. AK / 12-1:30pm MT

The TISE Part 2 webinar will continue to enhance educators' knowledge about trauma and its impacts on students. The Part 2: Trauma-Responsive Skills and Strategies webinar provides concrete strategies and skills to help educators engage with students in a more trauma-responsive way including: building resilience, fostering a trauma-sensitive classroom climate, enhancing trauma-responsive communication, de-escalating disruptive incidents, and fostering trauma responsiveness throughout the school community.

- **Presentation PDF**
- **Recording**

- **Trauma-Informed Schools Walk Through Checklist**
 - **National Child Traumatic Stress Network: Creating School Active Shooter Intruder Drills**
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Webinar #3: Trauma-Informed Schools and the MTSS Framework

Date: February 12, 2020

Times: 11-12:30 p.m. PT / 10-11:30 a.m. AK / 12-1:30pm MT

The trauma-informed schools webinar is designed to educate the school system including administrators, educators and other school staff about the key principles and domains of a trauma-responsive school system. The training outlines a framework for trauma-responsive schools and aligns trauma-informed practices and interventions with the Multi-tiered System of Support framework.

- **Presentation PDF**
 - **Recording**
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Webinar #4: Trauma-Responsive Schools Implementation Assessment Tool (TRS-IA)

Date: March 18, 2020

Times: 11-12:30 p.m. PT / 10-11:30 a.m. AK / 12-1:30pm MT

This webinar describes the systematic development of a Trauma-Responsive School Framework co-developed by the National Center for School Mental Health and the Treatment and Services Adaptation Center for Resilience, Hope and Wellness in Schools. The webinar provides an overview of how this framework was translated into an online assessment tool for schools and districts - The Trauma-Responsive School Implementation Assessment (TRS-IA). Presenters will demonstrate how to use the TRS-IA tool can be used to gauge a sites current level of trauma-responsiveness and how to use the tool's feedback reports to help sites transform into trauma-responsive systems. Finally, presenters will review strategies for integrating the tool into strategic planning activities.

- **Presentation PDF**
 - **Recording**
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Webinar #5: Supports for Teachers Affected by Trauma (STAT)

Date: April 15, 2020

Times: 11-12:30 p.m. PT / 10-11:30 a.m. AK / 12-1:30pm MT

This webinar will address the impact of traumatic stress on educators. The webinar is designed to teach educators and other school staff about signs and symptoms of burnout, compassion fatigue, and secondary traumatic stress (STS). It will review risk factors for STS and provide educators with strategies to prevent or mitigate STS. Finally, the webinar will address system wide approaches to address STS including ways that teachers can help other teachers reach out when they recognize that a colleague may be exhibiting signs of STS.

- **Presentation PDF**
 - **Recording**
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Webinar #6: Psychological First Aid – Listen Protect Connect/Model and Teach

Note: *This webinar was originally focused on the topic of evidenced-based approaches to trauma in schools. As a result of the global pandemic, we are now offering a more timely training on psychological first aid. This webinar is now available for up to 500 registrants. We will reschedule the original webinar for a later date.*

Date: May 13, 2020

Times: 9:30 - 11:00 a.m. PT / 8:30 - 10:00 a.m. AK / 10:30 - 12:00 pm MT

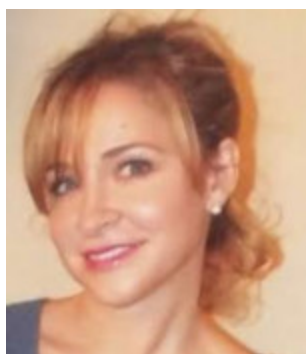
Description: This training was specifically designed as a five-step crisis response strategy based on communication skills that educators and school staff use every day. Although initially introduced in response to targeted school violence, such as school shootings and other acts of violence on a school campus, the goals of Psychological First Aid for Schools – Listen Protect Connect/Model and Teach have relevance to the COVID-19 pandemic which has seriously disrupted the daily lives over children and adults all over the world. The closure of schools and businesses adds to the health risks faced by all which contribute to the stresses that students and adults face under orders of physical distancing, stay at home directives or quarantine conditions. Given the levels of internet and web connectivity for students, being at home doesn't have to mean being cut off from teachers, school support staff, classmates and friends.

- **Presentation PDF**
 - **Listen, Protect, Connect 1-Pager**
 - **USDOE PFA Helpful Hints Handout**
 - **PFA COVID-19 Sample Questions**
 - **Recording**
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Presenter Bios



Vivien Villaverde, MS SW, PPSC, LCSW is a Clinical Associate Professor in the Field Education Department of the University of Southern California Suzanne Dworak-Peck School of Social Work and a member of the Treatment and Services Adaptation Center for Schools. She is a trained School Social Worker who was affiliated with the Los Angeles Unified School District for about 10 years. Prof. Villaverde has expertise in trauma-informed intervention, disaster/crisis response and trauma-responsive program development. She has extensive background in collaboration and education systems change. Her expertise includes training and consultation with school districts in trauma-responsive transformation including program development, EBP training, and policy development. Prof. Villaverde collaborates with the California Department of Education and has partnered internationally with South Korea and the Republic of the Philippines. In addition, she uses the “Social Responses to the Human Impacts of Climate Change” Grand Challenge in her disaster response planning work in Asia. She is also the Teaching Institution (TI) Coordinator at the School of Social Work. As the Coordinator, she engages in different innovation to promote university-community partnership for quality MSW internship and for community capacity-building.



Pamela Vona, MA, MPH, is currently the Program Manager for the Treatment and Services Adaptation Center for Resilience, Hope and Wellness in Schools. Her interests include understanding how to support the implementation of trauma practices in the school setting.

Specifically, her work has focused on how web-based platforms can support training in and implementation of evidence-based practices in schools. Ms. Vona served as a lead developer of the Trauma Responsive School Implementation Assessment—an online assessment designed to help schools improve their trauma-responsiveness. She is also leading the development of the Trauma Informed Skills for Developers (TISE) curriculum designed to enhance educators' trauma knowledge and skills. Ms. Vona serves on the School Committee Workgroup for the National Child Traumatic Stress Network (NCTSN) and previously was a member of the NCTSN Policy Task Force.



Steve Hydon, MSW, EdD is a clinical professor in field education and serves as chair of the Pupil Personnel Services Credential program. His interests are in child welfare, secondary traumatic stress and social work practice in schools. Hydon developed a secondary traumatic stress survey for teachers and mental health practitioners in schools and is a consultant to the U.S. Department of Education as an educator resilience facilitator. He has trained nationwide on secondary traumatic stress, compassion fatigue, educator resilience and the Psychological First Aid - Listen, Protect, Connect, Model, and Teach curriculum for school personnel. He is a member of the National Child Traumatic Stress Network and the Trauma and Services Adaptation Center for Resiliency, Hope and Wellness in Schools. He also serves as the liaison to the NCTSN's Terrorism and Disaster Center and sits on the board of the American Council on School Social Work. Previously, he served as a board member of the School Social Work Association of America and was vice president of the California Association of School Social Workers for more than seven years.

This webinar series is hosted by the **Northwest Mental Health Technology Transfer Center** serving the four state region of Alaska, Idaho, Oregon and Washington at the University of Washington's **School Mental Health Assessment, Research, and Training (SMART) Center** funded by the Substance Abuse and Mental Health Services Administration.

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