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COMING FEBRUARY 8: HEALING SCHOOL COMMUNITIES: SHIFTING THE DOMINANT PARADIGM TO CENTER STUDENT WELLNESS

# Coming February 8: Healing School Communities: Shifting the Dominant Paradigm to Center Student Wellness



## About our Programming:

The MHTTC Network's Healing School Communities Group was formed with the goal to help students, families, educators, and school mental health professionals navigate the ongoing impact of racial violence in all forms on student mental health.

In early 2022, the group led a Community of Practice, *Healing School Communities: Shifting the Dominant Paradigm to Center Student Wellness*, to explore the roles and responsibilities of school staff and systems in supporting a school's healing ecosystem within the context of racial violence. Case studies from members of the school mental health workforce were utilized to create solutions to dilemmas around racial violence.

The Community of Practice Sessions offered opportunities for participants to:

1. Name and examine the organizational structures that lead to Racial Violence within School Communities.
2. Explore the various mental health implications of racial violence on school ecosystems.
3. Identify and elevate community strengths, wisdom and voice as effective strategies for healing and place them at the center in supporting mental health.
4. Become familiar with resources and tools to address the detrimental effects of racial violence in schools, that further build protective factors, power and agency.

**Live sessions were 90 minutes and took place on Tuesdays @ 12:30pm PT / 2:30pm CT / 3:30pm ET from February 8 through March 22.** Certificates of completion were made available to viewers of 50% (45 minutes) or more of the **live** sessions. CEUs are not available for these sessions. If you have not received a certificate of completion by May 15, 2022, please email Ricardo Canelo at [rcanelo@stanford.edu](mailto:rcanelo@stanford.edu). Certificates will not be distributed after September 22, 2022.

***A summary report of this Community of Practice is also available for download [here](#).***

**Kickoff Session for Healing School Communities - Shifting the Dominant Paradigm to Center Student Wellness: A Community of Practice**  
Tuesday, February 8, 2022 | [Watch the recording and download the slides here.](#)

**Beyond Schooling: Toward Models of Education & Youth Protection**  
Tuesday, February 15, 2022 | [Watch the recording and download the slides here.](#)

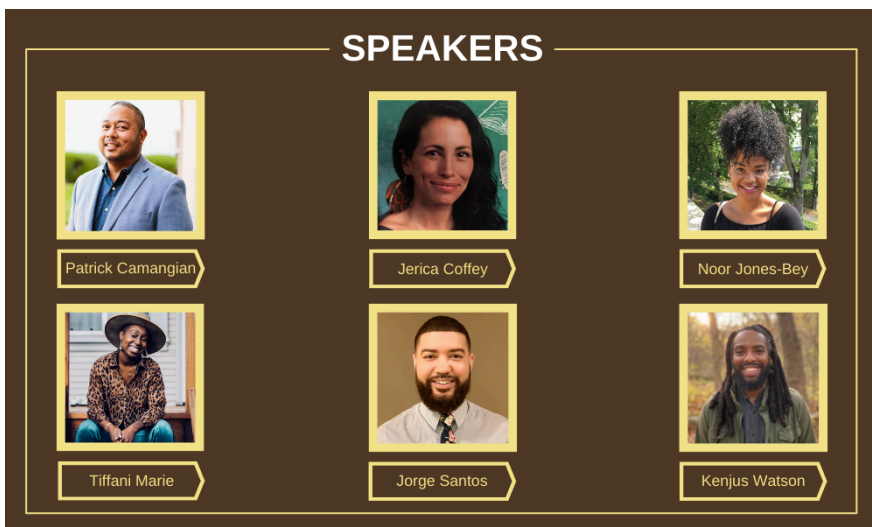
**Developing and Implementing Culturally Responsive Curricula**  
Tuesday, February 22, 2022 | [Watch the recording and download the slides here.](#)

**Cultivating Joy and Healing Through Pedagogy and Practice**  
Tuesday, March 1, 2022 | [Watch the recording and download the slides here.](#)

**Interrupting/Examining the Impact of Oppression and Resistance on Student Wellness**  
Tuesday, March 8, 2022 | [Watch the recording and download the slides here.](#)

**From Coping to Hoping: Teaching Students to Thrive Through Social Trauma**  
Tuesday, March 15, 2022 | [Watch the recording and download the slides here.](#)

**Towards Implementation and Action**  
Tuesday, March 22, 2022 | [Watch the recording and download the slides here.](#)



[Learn more about our speakers here!](#)

## Special Closing Resource

This summary graphic reflects the last session of our Community of Practice, as well as impactful learnings throughout the series.

### Healing School Communities: *Shifting the Dominant Paradigm* to Center Student Wellness

**Jerica Coffey**  
"Literacy in education should be expanded to incorporate healing practices"

**Patrick Camangian**  
"The most effective way to teach young people to go from coping to hoping is to teach them how to thrive through social trauma"

**Tiffani Marie**  
"We must be grounded and connected to nature"

**Kenjus Watson, PhD**  
Education is the intergenerational transmission for autonomy and survival

**Noor Jones-Bey**  
"Joy breaks down larger structural demands"

**Brandon Santiago**  
It's not about teaching writing, but rather facilitating a space in which writing happens in the service of healing through expression:  
• Critical literacy  
• Spoken word  
• Film/screen play

**Play & Joy**

#### What has this Community of Practice meant for you and your healing journey?

- Ensuring our spaces are explicitly welcoming and intentionally designed to support young people in feeling seen, protected, and valued
- Taking the responsibility as adults to heal through the traumas we've experienced
- What it means to protect young people's sense of self and identity
- Centering your childhood selves as means towards connecting with play, pleasure and our innate joy for learning
- Restoring what schooling has stripped of us, through culturally sustaining practices, critical literacy, and collective care

**Our Goal** To build a network among school communities that strengthens our capacity to lead in challenging racial violence while forging school cultures and climates of healing & wellness.

MHTTC Mental Health Technology Transfer Center Network  
Funded by the Department of Health and Human Services, Administration for Community Programs, Office of Community Programs, Office of Technical Assistance

*Graphic illustration by Valdez Bradley*

## Additional Resources:

Previously the Healing Racial Violence Group also hosted two learning series centered on the topic of racial violence and student mental health needs. Access to these learning series is available below.

Taking place at the height of nationwide protests against racial injustice, **Supporting School Mental Health in the Context of Racial Violence** is a two-part learning series intended for students, families, educators and school mental health professionals who are navigating the impact of racial violence on student mental health.

### CONTINUED LEARNING RESOURCE!

We have compiled a list of resources from the presenters and the field to help continue your learning. To access the document, please click here.

**Healing School Communities in the Context of Racial Violence: Where do we go from here?** is intended for students, families, educators and school mental health professionals who are navigating the ongoing impact of racial violence in all forms on student mental health. This forum was a continuation from a two-part learning series above.

### CONTINUED LEARNING RESOURCE!

We have compiled a list of resources from the presenters and the field to help continue your learning. To access the document, please click here.

#### CONTACT US

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About the MHTTC Network

Technology Transfer and Dissemination and Implementation Science

Collaborators

#### COMMUNICATION

Recent News

MHTTC Pathways Newsletter

## PROJECTS

MHTTC Areas of Focus

School Mental Health

Workforce Development

## EDUCATION

[healthknowledge.org](http://healthknowledge.org)

Training and Events Calendar

## RESOURCES

Products & Resources Catalog

Spotlight on SAMHSA Resources

## GET HELP

988 Suicide and Crisis Lifeline

Early Serious Mental Illness Treatment Locator

[findtreatment.gov](http://findtreatment.gov)

SAMHSA's National Helpline: 1-800-662-HELP (4357)

SAMHSA's Disaster Distress Helpline: 1-800-985-5990 or Text TALKWITHUS to 66746



**MHTTC**

Mental Health Technology Transfer Center Network

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