

Oregon Department of Education Launches Oregon Classroom WISE



CONTRIBUTING CENTER(S):

Northwest MHTTC

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Oregon Classroom WISE: Mental Health Literacy for All Oregonians

The Northwest MHTTC School Mental Health Team is excited to share that **Oregon Classroom WISE** (Oregon CW), developed by the *Oregon Department of Education* in collaboration with *Northwest MHTTC*, the *National MHTTC Network* and the *National Center for School Mental Health*, officially launched on June 30, 2022.

Created in response to requests from school personnel, as well as families, *Oregon CW* is a free, digital learning program, website, video library and resource collection for all Oregonians to increase and strengthen school and community mental health and well-being, and promote care and connection. *Oregon CW* is part of a \$5.5 million **Strengthening Mental Health in Education Initiative**, funded by Elementary and Secondary School Emergency Relief Funds (ESSER III) Set Aside funds.

Background:

In June 2020, the *MHTTC Network* partnered with the *National Center for School Mental Health* to develop **Classroom WISE** - a FREE 3-part training package that includes a self-paced online course, a video library, and a resource collection, that assists K-12 educators and school staff in supporting the mental health of students in the classroom. Since its inception, 10,000 people have completed the training across the country.

Oregon CW is a customized module that serves as a foundation for educators and school staff to understand Oregon's school mental health values and priorities. Participants complete the Oregon-focused online training before moving into the other Classroom WISE lessons.

A Statement from the Oregon Department of Education:

ODE (Oregon Department of Education) developed an Integrated Model of Mental Health that guides ODE's mental and behavioral health work, as well as that of Oregon school districts, Oregon education service districts, and other state and local agency partners and organizations. During our transition into the design, implementation, evaluation, and sustainability phases, we sought exceptional tools to assist us in providing technical assistance and professional learning opportunities to Oregon's 197 school districts and nearly 600,000 students that align with this model.

ODE and the Mental Health in Education Team are grateful for the NW MHTTC team's continued partnership, collaboration, and tireless effort. We are strengthening Oregon's mental health literacy as a result of this partnership and look forward to

continuing to work together!

- Grace Bullock, Director of Mental and Behavioral Health, Oregon Department of Education

More information about Oregon Classroom WISE, including how to access the training

Oregon WISE featured on KGW News: Oregon Department of Education launches website addressing mental health

Learn More About Classroom WISE:

Classroom WISE: A Mental Health Literacy Course for Teachers and School Staff

- **Cultural Inclusiveness and Equity WISE: A Companion Training to Classroom WISE**

Want more information and school mental health resources? Visit the Northwest MHTTC's **School Mental Health page** and **sign up for our newsletter** for regular updates about events, trainings, and resources available to the Northwest region.

CONTACT US

networkoffice@mhttcnetwork.org

650-721-8692



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988 Suicide and Crisis Lifeline
Early Serious Mental Illness Treatment Locator
findtreatment.gov
SAMHSA's National Helpline: 1-800-662-HELP (4357)
SAMHSA's Disaster Distress Helpline: 1-800-985-5990 or Text TALKWITHUS
to 66746



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Mental Health Technology Transfer Center Network
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