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New Resource! Supporting Student Mental Health: Resources to Prepare Educators



CONTRIBUTING CENTER(S):

Northwest MHTTC

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>>> Download the new resource here.

Students of all ages have unmet mental health needs that affect their performance in school.

- How can educators and school personnel respond to the mental health needs of students?
- What do educators and school personnel need to know about child and adolescent mental health?
- Where can school districts, schools, and staff access training on how to respond?

The **MHTTC Network** and the **National Center for School Mental Health** collaborated on an environmental scan and needs assessment of available educator mental health literacy training and resources. *Supporting Student Mental Health: Resources to Prepare Educators* is a new resource that:

- Describes the role of educators in supporting student mental health
- Explains the core components of mental health literacy
- Provides an annotated list of existing resources and trainings that instruct educators on mental health literacy.

Want more information and school mental health resources? Visit the Northwest MHTTC's **School Mental Health page** and **sign up for our monthly newsletter** for regular updates about events, trainings, and resources available to the Northwest region.

COMING SOON: Per SAMHSA's request and to fill gaps identified in the current review, in Spring 2020, **the MHTTC Network, in partnership with the National Center for School Mental Health at the University of Maryland School of Medicine, will release a free, practical, and engaging online course and website focused on educator mental health literacy.** This course is being informed by and co-developed with educators from across the nation. These resources will present concrete, universal approaches to promoting student mental health and creating safe and supportive classroom environments, describe student behaviors that may indicate a mental health concern, and provide specific skills and strategies to engage and support students with mental health concerns. Stay tuned for more updates!

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findtreatment.gov

SAMHSA's National Helpline: 1-800-662-HELP (4357)

SAMHSA's Disaster Distress Helpline: 1-800-985-5990 or Text TALKWITHUS
to 66746



MHTTC

Mental Health Technology Transfer Center Network

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