



The School Mental Health Supplement to the Northwest MHTTC supports the school mental health workforce across Region 10 which includes the states of Alaska, Idaho, Oregon, and Washington.



7800+
PARTICIPANTS



60
EVENTS



5,348
YOUTUBE
VIEWS



13,339
CLICKS



7526
SUBSCRIBED

33 **Webinars**

54 **E-News Announcements**

19 **Conference Presentations**



"I would **recommend** this training to others."

"I am **satisfied** with this training."



Year 3 Highlights

Rhonda Nese



Ilene Schwartz



Janine Jones



2021 Speaker Series



993 Attendees

Anne Gregory



Ginger Kwan



Emma Elliott-Groves



"With the emergence of immediate need for mental health resources in Idaho's school settings, Optum Idaho has benefitted over the past year from a wide variety of trainings provided through the SMH programming team. The multi-part training for Anxiety and School topics was instrumental in our development of the approach for Idaho providers and districts. Relevant and useful content was effectively shared and our stakeholders (families, providers and schools) were the direct beneficiaries of the information. We have continued to source evidence-based practices and processes through the training of the SMH team and have utilized their subject matter expertise in their presentation at our annual Statewide conference for Idaho Behavioral Health Plan providers (Ms. Kelcey Schmitz)."

Dennis Woody, PhD, Pediatric Neuropsychologist and Senior Clinical Program Consultant, Optum Idaho

Anxiety & Return to School



883 Attendees

Part 1: September 9, 2020
Anxiety & School - Identifying Anxiety and What to Do About it

Part 2: October 7, 2020
Anxiety & School - Managing Anxiety During COVID-19

Part 3: December 9, 2020
Anxiety & School - Answering Your Questions

1:00 - 2:30 pm Pacific Time

"Generally I source from a variety of institutes when presenting, but in this case, I really feel that you have 'nailed' it and plan to synthesize the toolboxes into small presentations and attach the toolboxes as resources."

Karsten Peterson
Ashland Public Schools, Oregon

Educator Wellness

Self-Care and Compassion for the Educator

A FREE Webinar Series for Educators



418 Attendees

"The NW-MHTTC is my go-to for professional development! I am always impressed by the vast number of resources they are able to share and curate, and the fantastic trainings and webinars they are able to provide.... I am also able to collaborate with this team frequently; they truly are the highest caliber of professionals and I always look forward to learning with and along side them... no matter the project!"

Megan Reibel, M.Ed. Forefront Suicide Prevention, Washington

"WASA is 'beyond grateful' to NW MHTTC SMH for the timely training during a pandemic offered to our school district leaders during the past year. The workshop directly impacted students and staff members!"

Mike Nelson, Assistant Executive Director,
Washington Association of School Administrators

Northwest (HHS Region 10)



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



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