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[SCHOOL MENTAL HEALTH BEST PRACTICES 'ALWAYS AND NOW' LEARNING SERIES](#)

School Mental Health Best Practices 'Always and Now' Learning Series



MHTTC School Mental Health Best Practices *Always and Now* 8-Part Learning Series

Access the recordings and
resources from the series!

Presented by the MHTTC Network and National Center for School Mental Health

About the Learning Series

The MHTTC Network hosted an 8-part training series using the ***National School Mental Health Best Practices: Implementation Guidance Modules for States, Districts, and Schools***. This resource was developed by the MHTTC Network in partnership with the **National Center for School Mental Health (NCSMH)** and aims to help states, districts and schools advance comprehensive school mental health and engage in a planning process for implementation.

Audience

The Implementation Guidance Modules are intended to be used by district teams to influence, develop, and oversee school mental health systems at the school district- and building-levels. District teams may include:

- School District Leaders (e.g., Superintendent, School Board)
- School Administrators (e.g., Principal, Assistant Principal)
- District Mental Health Director or Student Services Supervisor (e.g., Director of Student Services, District Supervisor School Psychologists/Social Workers/Counselors)
- Community Behavioral Health Agency Supervisor/Director (e.g., Clinical Director of an agency that provides school-based services in the district)
- Youth/Family Advocate or Consumer

Series Structure

In this series, each learning session included a pre-session video, panel session, and post-session regional breakout.

- **Please watch the pre-session videos linked below PRIOR to each session.** The purpose of watching the pre-session videos is to familiarize yourself with the resource material for each module.
- Sessions consist of a discussion with a small panel of education and mental health leaders from across the country (including a member from the National Center for School Mental

Health team) who provides an “always and now” application of the modules and innovative ideas for implementation, considering the current pandemic and its impact on school mental health.

- The post-session Regional Breakout sessions were intended for participants to have an informal discussion regarding content from the live session, contextualized for their specific region.

To learn more about the *FREE* National School Mental Health Best Practices: Implementation Guidance Modules and access to the COMPLETE resource, including slide decks from the pre-recorded module sessions, visit our website **HERE**.

PLEASE NOTE: As of April 2021, the MHTTC Network and National Center for School Mental Health (NCSMH) changed the title of the National School Mental Health Curriculum: Guidance and Best Practices for States, Districts, and Schools to the new title 'National School Mental Health Best Practices: Implementation Guidance Modules for States, Districts, and Schools.'

CEUs are not available for these sessions; however, certificates of completion for each learning session were made available to viewers of 50% (30 minutes) or more of the live session. If you are missing a certificate of completion for a session you attended, please reach out to Jessica Gonzalez at jgonzalez@stanford.edu.

Registration and Recordings

Note: All 60-minute Live Sessions took place the 2nd and 4th Tuesdays of each month at 10 a.m. PT / 11 a.m. MT / 12 p.m. CT / 1 p.m. ET, and were immediately followed by 30-minute Regional Breakout Sessions (only national live sessions were recorded for this series).

- **Module 1: Foundations of School Mental Health - Tuesday, February 9, 2021**
Watch the pre-session video | Access the recording and FAQ Resource document here!
- **Module 2: Teaming - Tuesday, February 23, 2021**
Watch the pre-session video | Access the recording and FAQ Resource document here!
- **Module 3: Needs Assessment and Resource Mapping - Tuesday, March 9, 2021**
Watch the pre-session video | Access the recording and FAQ Resource document here!
- **Module 4: Screening - Tuesday, March 23, 2021**
Watch the pre-session video | Access the recording and FAQ Resource document here!
- **Module 5: Mental Health Promotion for All (Tier 1) - Tuesday, April 13, 2021**
Watch the pre-session video | Access the recording and FAQ Resource document here!
- **Module 6: Early Intervention and Treatment (Tiers 2 and 3) - Tuesday, April 27, 2021**
Watch the pre-session video | Access the recording and FAQ Resource document here!
- **Module 7: Funding and Sustainability - Tuesday, May 11, 2021**

[Watch the pre-session video](#) | [Access the recording and FAQ Resource Document here!](#)

- **Module 8: Impact - Tuesday, May 25, 2021**

[Watch the pre-session video](#) | [Access the recording and FAQ Resource Document here!](#)

You can also view a 2-page summary of the series [here](#).

Questions? Contact Jessica Gonzalez, MHTTC School Mental Health Coordinator, at jegonzalez@stanford.edu.

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findtreatment.gov

SAMHSA's National Helpline: 1-800-662-HELP (4357)

SAMHSA's Disaster Distress Helpline: 1-800-985-5990 or Text TALKWITHUS to 66746



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