

# Supporting School Mental Health in the Context of Racial Violence

A TWO-PART LEARNING FORUM



## Continuous Learning Resources

Supporting School Mental Health in the Context of Racial Violence is a two-part learning series intended for students, families, educators and school mental health professionals who are navigating the impact of racial violence on student mental health.

This document provides a complete list of resources, materials, and helpful links shared throughout both sessions - and more!

★ Resources with a star are from one of our panelists. ★

### Series Information & Materials

- **About the Learning Series:** <https://bit.ly/SMHRacialEquity2020>
- **About the Speakers:** <https://bit.ly/SMHRacialEquitySpeakers>
- **Session #1 Recording:** <https://bit.ly/SMHRacialEquityRecording1>
- **Session #2 Recording:** <https://bit.ly/SMHRacialEquityRecording2>

### Recommended Reading & Resources:

- **All Students Need Anti-racism Education:** <https://www.tolerance.org/magazine/all-students-need-antiracism-education>
- **Archeology of the Self in Racial Literacy Development: An Imperative for Urban Teacher Education (forthcoming):** <https://www.yolandasealeyruiz.com/archaeology-of-self>
- **James Comer, MD, MPH, Maurice Falk Professor in the Child Study Center; Associate Dean for Student Affairs, School of Medicine at Yale:** [https://medicine.yale.edu/profile/james\\_comer/](https://medicine.yale.edu/profile/james_comer/)
- **Critical Race Theory, Race Equity, and Public Health: Toward Antiracism Praxis:** <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2837428/pdf/S30.pdf>
- ★ **Dr. Lisa Wines' Publications:** <https://bit.ly/DrWinesResources>
- **Ending Curriculum Violence:** <https://www.tolerance.org/magazine/spring-2020/ending-curriculum-violence>
- **Kenneth Hardy PhD, President of the Eikenberg Academy for Social Justice; Director of the Eikenberg Institute for Relationships:** <https://eikenbergacademyforsocialjustice.com/>
- **How to Be an Antiracist Educator:** <http://www.ascd.org/publications/newsletters/education-update/oct19/vol61/num10/How-to-Be-an-Antiracist-Educator.aspx>
- **Intergenerational Trauma Animation:** <https://youtu.be/vlqx8EYvRbQ>



## Recommended Reading & Resources (continued):

- **The Missing Links: Enhancing Anti-Bias Education with Anti-Racist Education:** <https://digitalcommons.unomaha.edu/cgi/viewcontent.cgi?article=1057&context=ctlle>
- **Multidimensional Facets of Cultural Competence:** <https://journals.sagepub.com/doi/pdf/10.1177/0011000001296002>
- **Racial Trauma & PTSD Reading List:** <http://www.monnicawilliams.com/racial-trauma-readings.php>
- **Standing at the Event Horizon of a Movement: Do we seize our moment of liberation?** <https://onseconidthoughtmagazine.humanitiesnd.org/>
- **Teaching Black History Beyond Slavery and Black History Month** <https://www.pbs.org/education/blog/teaching-black-history-beyond-slavery-and-black-history-month>

## Websites

- **Academics for Black Survival and Wellness:** <https://www.academics4blacklives.com/>
- **Mapping Racial Trauma in Schools:** <https://www.facebook.com/mappingracialtrauma/>
- **Mental Health Disparities: Diverse Populations, American Psychiatric Association:** <https://www.psychiatry.org/psychiatrists/cultural-competency/education/mental-health-facts>
- **Minority Mental Health Resources, American Foundation for Suicide Prevention:** <https://afsp.org/minority-mental-health-resources>
- **SEL as a Lever for Equity, Collaborative for Academic, Social, and Emotional Learning (CASEL):** <https://casel.org/lever-for-equity/>
- **National Standards for Culturally and Linguistically Appropriate Services (CLAS):** <https://thinkculturalhealth.hhs.gov/clas>

## Books

- **Black Mental Health: Patients, Providers and Systems, by Ezra E. H. Griffith, M.D., Billy E. Jones, M.D., M.S., and Altha J. Stewart, M.D.:** [https://www.appi.org/Black\\_Mental\\_Health](https://www.appi.org/Black_Mental_Health)
- **Healing Racial Trauma: The Road to Resilience, by Sheila Wise Rowe:** <https://www.ivpress.com/healing-racial-trauma>
- **Implementing Culturally Responsive Practices in Education, by Tricia Crosby-Cooper:** <https://www.igi-global.com/book/implementing-culturally-responsive-practices-education/241191>
- **Know Thyself, by Na'im Akbar:** <https://bit.ly/NaimAkbarKnowThyself>
- **The Mis-Education of the Negro, by Carter Godwin Woodson:** <https://academic.oup.com/jah/article-abstract/20/2/307/801082?redirectedFrom=fulltext>
- **Not Light, But Fire: How to Lead Meaningful Race Conversations in the Classroom, by Matthew R. Kay:** <https://www.stenhouse.com/content/not-light-fire>
- ★ **The Psychology of Multiculturalism in the Schools, by Janine Jones, PhD:** <https://www.nasponline.org/books-and-products/products/books/titles/the-psychology-of-multiculturalism-in-the-schools>
- **White Fragility: Why It's So Hard For White People To Talk About Racism, by Robin DiAngelo:** <https://robindiangelo.com/publications/>



## Curriculum, Guides, & Toolkits

- **Guide for Racial Justice & Abolitionist Social and Emotional Learning, Abolitionist Teaching Network:** <https://abolitionistteachingnetwork.org/guide>
- **The Equity Literacy Framework:** <https://www.equityliteracy.org/equity-literacy>
- **So You Want to Do ABAR Work? A Resource Guide for Investing and Sustaining Anti-bias/Anti-racist (ABAR) Work in Schools and Communities:**  
[https://drive.google.com/file/d/1HwQ7K4xKc5wKj1oF0JeKynGFI\\_knJB-0/view](https://drive.google.com/file/d/1HwQ7K4xKc5wKj1oF0JeKynGFI_knJB-0/view)
- **Microaggressions in the Classroom:**  
[https://www.messiah.edu/download/downloads/id/921/Microaggressions\\_in\\_the\\_Classroom.pdf](https://www.messiah.edu/download/downloads/id/921/Microaggressions_in_the_Classroom.pdf)
- **Strong Teens:** <https://strongkids.uoregon.edu/strongteens.html>
- **Creciendo Fuertes:** <https://www.jovenesfuertes.org/portfolio/creciendo-fuertes/>

## MHTTC Resources

- **School Mental Health Website:** <https://mhttcnetwork.org/centers/mhttc-network-coordinating-office/school-mental-health>
- **School Mental Health Resources for Responding to COVID-19, with Back to School Resource Collection:** <https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19-school-mental-health-resources>

## Upcoming Learning Opportunities

- **Teaching Racial Justice in P-12 Schools: A 5-Part Online Series**  
Sept. 1, 8, 15, 22, & 29 >> [REGISTER HERE](#)
- **Anti-Racism Leadership Institute**  
Sept. 2, 9, 16, 23, & 30 >> [LEARN MORE HERE](#)
- **Mental Health for America 2020 Annual Conference: COVID, Mental Health & the Need for Equity**  
Sept. 3 - 4, 2020 >> [REGISTER HERE](#)

Access all event recordings & materials here: <https://bit.ly/SMHRacialEquity2020>



MHTTC

Mental Health Technology Transfer Center Network  
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Questions? Please email Jessica Gonzalez at [jegonzalez@stanford.edu](mailto:jegonzalez@stanford.edu)

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