



YEAR 6: 2023-2024

SCHOOL MENTAL HEALTH


The School Mental Health Supplement to the Northwest MHTTC supports the school mental health workforce across Region 10, which includes the states of **Alaska, Idaho, Oregon, and Washington.**

For six years, the Northwest MHTTC School Mental Health team has served the school mental health workforce in Region 10 (Alaska, Idaho, Oregon and Washington) by curating timely and regionally-responsive events, developing tools for those in the field, and distributing critical resources. Thank you for your partnership over the years. We couldn't have done it without you and credit your engagement, feedback and support for our collective success. Access NWMHTTC files on the [UW SMART Center website](#).




1,853 

WEBSITE VISITORS

22 

EVENTS



2,990
Participants




98%
Would recommend event to a friend/colleague

17 

ANNOUNCEMENTS

7 

PRODUCTS



96%
expect this event to benefit me and/or my community



95%
Were satisfied or very satisfied with the quality of events



SMART Center Newsletter sign up: <https://bit.ly/3TVauRI>

This work was supported by grant SM 18-015 from the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration and has ended as of September 2024. The University of Washington SMART Center is now the new hub for school mental health resources, visit: <https://smartcenter.uw.edu>

YEAR 6 HIGHLIGHTS

For more details on our Years 1-6 activities, visit our [SMART Center website](https://smartcenter.uw.edu).

SESSION 1 ▶ OCTOBER 9
SCHOOL MENTAL HEALTH THROUGH A MULTI-TIERED SYSTEM FRAMEWORK
CLYNTIA GRAFENREED, Ph.D.
SCHOOL MENTAL HEALTH TRAINING AND TECHNICAL ASSISTANCE COORDINATOR
SOUTHWEST MATHUWAM SMART CENTER

SESSION 2 ▶ NOVEMBER 29
COMPREHENSIVE UNIVERSAL SCREENING: A STATEWIDE APPROACH
MARI MEADOR, M.Ed.
IMPLEMENTATION COACH
SOUTHWEST MATHUWAM SMART CENTER
RAYANN SILVA, M.Ed.
SCHOOL MENTAL HEALTH TRAINING AND TECHNICAL ASSISTANCE COORDINATOR AND TRAINING UNIT COORDINATOR
SOUTHWEST MATHUWAM SMART CENTER
KRISTI GREENAWAY CISHANQ
WHOLE CHILD COORDINATOR
TACOMA PUBLIC SCHOOLS

SESSION 3 ▶ JANUARY 17
FOSTERING BELONGING IN STAFF RECRUITMENT AND RETENTION
NIKOLE Y. HOLLINS-SIMS, Ed.D.
EDUCATIONAL STRATEGIST/CONSULTANT
HOLLINS-SIMS CONSULTING

SESSION 4 ▶ FEBRUARY 8
BECOMING - THE JOURNEY OF A CHANGE AGENT
NIKOLE Y. HOLLINS-SIMS, Ed.D.
EDUCATIONAL STRATEGIST/CONSULTANT
HOLLINS-SIMS CONSULTING

SESSION 5 ▶ MARCH 20
BULLYING PREVENTION IN ELEMENTARY AND MIDDLE SCHOOLS: FOUNDATIONS AND STUDENT OWNERSHIP
RHONDA NESE, Ph.D.
ASSISTANT PROFESSOR, DEPARTMENT OF SPECIAL EDUCATION AND CLINICAL SCIENCES PRINCIPAL INVESTIGATOR, EDUCATIONAL AND COMMUNITY SUPPORTS AFFILIATE FACULTY, PREVENTION SCIENCE PROGRAM
UNIVERSITY OF OREGON

SESSION 6 ▶ APRIL 17
BULLYING PREVENTION IN ELEMENTARY AND MIDDLE SCHOOLS: LEVERAGING EXPERTS IN YOUR BUILDING
SARA McDANIEL, Ph.D.
PROFESSOR OF SPECIAL EDUCATION IN THE DEPARTMENT OF SPECIAL EDUCATION AND MULTIPLE ABILITIES AND DIRECTOR OF THE CENTER FOR INTERCONNECTED BEHAVIORAL AND MENTAL HEALTH SYSTEMS
UNIVERSITY OF ALABAMA



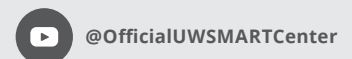
2024 SPEAKER SERIES

Promoting a Positive School Climate for Student Mental Health: Effective Data, Systems, and Practices

The six-session virtual series featured national and local experts discussing ways to create a positive school climate for students and staff. Through this series, we spotlighted evidenced-based strategies to address universal screening, staff retention, and bullying and its intersection with youth mental health and violence. Over 700 people participated in the series this year.

Presentation materials and recording are available on our website:

<https://smartcenter.uw.edu>



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