



YEAR 6: 2023-2024

SCHOOL MENTAL HEALTH

The School Mental Health Supplement to the Northwest MHTTC supports the school mental health workforce across Region 10, which includes the states of **Alaska, Idaho, Oregon, and Washington.**

For six years, the Northwest MHTTC School Mental Health team has served the school mental health workforce in Region 10 (Alaska, Idaho, Oregon and Washington) by curating timely and regionally-responsive events, developing tools for those in the field, and distributing critical resources. Thank you for your partnership over the years. We couldn't have done it without you and credit your engagement, feedback and support for our collective success. Access NWMHTTC files on the [UW SMART Center website](#).




1,853 

WEBSITE VISITORS

22 

EVENTS



2,990
Participants



98%
Would recommend event to a friend/colleague

17 


ANNOUNCEMENTS

7 

PRODUCTS



96%
Expect this event to benefit them and/or their community




95%
Were satisfied or very satisfied with the quality of events




SMART Center Newsletter sign up: <https://bit.ly/3TVauRI>


This work was supported by grant SM 18-015 from the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration and has ended as of September 2024. The University of Washington SMART Center is now the new hub for school mental health resources, visit: <https://smartcenter.uw.edu>




SESSION 1 ▶ OCTOBER 9
SCHOOL MENTAL HEALTH THROUGH A MULTI-TIERED SYSTEM FRAMEWORK
CLYNITA GRAFENREED, Ph.D.
SCHOOL MENTAL HEALTH TRAINING AND TECHNICAL ASSISTANCE COORDINATOR
NORTHWEST MHITTC/UW SMART CENTER



SESSION 2 ▶ NOVEMBER 29
COMPREHENSIVE UNIVERSAL SCREENING: A STATEWIDE APPROACH
MARI MEADOR, M.Ed.
IMPLEMENTATION COACH
NORTHWEST MHITTC/
UW SMART CENTER
RAYANN SILVA, M.Ed.
SCHOOL MENTAL HEALTH TRAINING AND TECHNICAL ASSISTANCE COORDINATOR AND TRAINING UNIT COORDINATOR
NORTHWEST MHITTC/UW SMART CENTER
KRISTI GREENAWAY CIRIGNANO
WHOLE CHILD COORDINATOR
TACOMA PUBLIC SCHOOLS




SESSION 3 ▶ JANUARY 17
FOSTERING BELONGING IN STAFF RECRUITMENT AND RETENTION
NIKOLE Y. HOLLINS-SIMS, Ed.D.
EDUCATIONAL STRATEGIST/CONSULTANT
HOLLINS-SIMS CONSULTATION




SESSION 4 ▶ FEBRUARY 8
BECOMING - THE JOURNEY OF A CHANGE AGENT
NIKOLE Y. HOLLINS-SIMS, Ed.D.
EDUCATIONAL STRATEGIST/CONSULTANT
HOLLINS-SIMS CONSULTATION

SESSION 5 ▶ MARCH 20
BULLYING PREVENTION IN ELEMENTARY AND MIDDLE SCHOOLS: FOUNDATIONS AND STUDENT OWNERSHIP
RHONDA NESE, Ph.D.
ASSISTANT PROFESSOR, DEPARTMENT OF SPECIAL EDUCATION AND CLINICAL SCIENCES PRINCIPAL INVESTIGATOR, EDUCATIONAL AND COMMUNITY SUPPORTS AFFILIATE FACULTY, PREVENTION SCIENCE PROGRAM
UNIVERSITY OF OREGON



SESSION 6 ▶ APRIL 17
BULLYING PREVENTION IN ELEMENTARY AND MIDDLE SCHOOLS: LEVERAGING EXPERTS IN YOUR BUILDING
SARA McDANIEL, Ph.D.
PROFESSOR OF SPECIAL EDUCATION IN THE DEPARTMENT OF SPECIAL EDUCATION AND MULTIPLE ABILITIES AND DIRECTOR OF THE CENTER FOR INTERCONNECTED BEHAVIORAL AND MENTAL HEALTH SYSTEMS
UNIVERSITY OF ALABAMA



2024 SPEAKER SERIES

Promoting a Positive School Climate for Student Mental Health: Effective Data, Systems, and Practices

The six-session virtual series featured national and local experts discussing ways to create a positive school climate for students and staff. Through this series, we spotlighted evidenced-based strategies to address universal screening, staff retention, and bullying and its intersection with youth mental health and violence. Over 700 people participated in the series this year.

Presentation materials and recording are available on our website:

<https://smartcenter.uw.edu>



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SCHOOL MENTAL HEALTH SUPPLEMENT OVERVIEW YEARS 1-6 2019-2024



- 1 School Mental Health Training & Technical Assistance in schools & school systems.
- 2 Build infrastructure and create learning communities.
- 3 Support educational leaders to promote mental health for ALL.
- 4 Foster regional alliances and collaboration efforts.



26,610
Participants



257
Events



182
Products



95%
Satisfaction Rating



37,044
Website Page Views



7,237
Subscribers



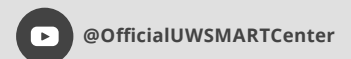
Northwest PBIS Network has appreciated the events, resources, and networking facilitated by the NWMHTTC. We have had the opportunity to learn with and from experts across many areas of expertise. The multi-disciplinary approach provided a comprehensive view of workforce development related to mental health and wellness. Importantly, being included with other mental health providers and groups allowed us to investigate where and how to leverage limited resources and work in concert towards holistic community wellness.

- Jessica Swain-Bradway, Executive Director, NWPBIS Network



I started my state job supporting rural Oregon counties' partnerships with local schools & districts in 2020. During the height of covid, I connected with the MHTTC team to help support school-based mental health programs. Having access to NWMHTTC's content was and continues to be invaluable to share with school-based mental health programs. Not to mention the personalized technical assistance, collaboration and communication has helped me stay connected to our region's efforts around student wellness data and research.

- Fran Pearson, School-Based Mental Health Program & Policy Coordinator, Mental Health Promotion & Prevention Program, Oregon Health Authority



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