

# SCHOOL BASED BEHAVIORAL HEALTH SUPPORT STAFF

Ideally all of these roles are meeting regularly to provide integrated support services to the district

## SIMILARITIES:

- ALL ROLES INVOLVE PROVIDING SUPPORT AND ASSISTANCE TO STUDENTS.
- COLLABORATION WITH OTHER PROFESSIONALS, FAMILIES, AND COMMUNITY RESOURCES IS ESSENTIAL.
- CRISIS INTERVENTION AND SUPPORT MAY BE PART OF THE RESPONSIBILITIES.
- MAINTAINING CONFIDENTIALITY AND ADHERING TO ETHICAL STANDARDS IS CRUCIAL.
- DOCUMENTATION AND RECORD-KEEPING ARE TYPICALLY REQUIRED IN ALL ROLES.

## DIFFERENCES:

- SCOPE OF PRACTICE
- EDUCATIONAL REQUIREMENTS
- THERAPEUTIC INTERVENTIONS
- SETTING
- LEGAL AND ETHICAL RESPONSIBILITIES
- TARGET POPULATION
- COLLABORATIVE PARTNERSHIPS
- SERVICE DELIVERY MODELS



Service/Support	Examples/Notes	School Counselor	Student Assistance Professional Employed by an ESD or Licensed Agency	Student Assistant Professional Employed by a District	Mental Health Counselor Employed by Licensed Agency or Independently Licensed	Master's Level Mental Health Counselor Employed by the District (Non-Licensed)	ESA Certified Social Worker	Bachelor's in Social Work Staff / SEL Specialist
Provide Tier 1 Universal Support	Wellness promotion, Substance use preventionc, etc	X	X	X	X	X	X	X
Provide Tier 2 Individual Support	Coping skills, SEL skills, etc	X	X	X	X	X	X	X
Provide Tier 2 Group Support	Coping skills, SEL skills, etc	X	X	X	X	X	X	X
Provide Tier 3 Individual Counseling	Coping skills, SEL skills, Intervention	UP TO SIX SESSIONS	X		X	X	X	
Provide Tier 3 Group Counseling	Coping skills, SEL skills, Intervention	UP TO SIX SESSIONS	X		X	X	X	
Provide Tier 3 Individual Therapy	Clinical Licensed Services		IF ESD IS LICENSED		X			
Provide Tier 3 Group Therapy	Clinical Licensed Services		IF ESD IS LICENSED		X			
Academic Counseling	Graduation Pathways, HSBP, Credit Evaluation	X						
Career Counseling	Exploring careers, Setting up job shadows/internships, Classroom based lessons	X						
Academic Assessments	School based academic assessments and formal review	X						
Mental Health Assessments/Therapy	Mental Health evaluations, Diagnosis, Outpatient treatment, Referral to inpatient programs		IF ESD IS LICENSED		X			
Substance Use Disorder Assessments/Treatment	Drug and alcohol assessment, Diagnosis, Outpatient treatment, Referral to inpatient treatment, Possibly rine drug screens		IF ESD IS LICENSED					
Treatment Planning	Theraputic planning, implemmentation, and tracking of services based on a student's diagnosis and identified risks/needs		IF ESD IS LICENSED		X			
Crisis Intervention and Support	Planning for crisis, responding during crises, and being past of post crisis response, Generally in regards to suicide prevention, intervention, and postvention	X	X	DEPENDS ON STAFF BACKGROUND	X	X	X	DEPENDS ON STAFF BACKGROUND
Support for Families	Family/Parenting programs, newsletters, Family/Parents meetings, etc	X	X	X	X	X	X	X
Collaboration with Stakeholders	Should be done in collaboration with district and/or agency mission	X	X	X	X	X	X	X
Referrals to Community Resources/Services	Should be done in collaboration with district and/or agency mission	X	X	X	X	X	X	X
Advocacy	Should be done in collaboration with district and/or agency mission	X	X	X	X	X	X	X
Documentation	Documentation of services provided to students, family and staff	X	X	X	X	X	X	X
Clinical Documentation	Required for any staff providing therapy/treatment services		IF ESD IS LICENSED		X			
FERPA Requirements	Educational requirements for privacy and for sharing records with guardians	X		X		X	X	X
HIPPA/CFR42 Part 2 Requirements	Behavioral health law, Should be stored seperately then school records, At 13 students have choice on record sharing		X		X	X		
Eligible for Billing Insurance	State Medicaid, Private Insurance for licensed therapy/treatment services		IF ESD IS LICENSED		X			
Eligible for Billing School Based Health Dollars	In Washington, SBH services are only billable by the district is the student has the service written on an IEP.	X	X	X	X		X	X
Behavior Intervention Plans / Devolopment & Management of 504 Plans	<i>This should be phasing to other roles based on Comprehensive School Counseling Plans</i>	X						