

2026 WSW Skills Institute

Tiered Solutions to Complex School-Based Mental Health Topics

February 25, March 11 & 25
9 AM-12 PM PT | Virtual

\$100/person; 1 session /
\$250/person; all 3 sessions
Washington Clock Hours Offered

Hosted by the WSW, University of Washington (UW) SMART Center & UW School of Social Work - For ESAs- School Social Workers, Counselors, Psychologists, Nurses & BCBAs.

Join us for a 3-part training series designed to strengthen your behavioral health toolkit using MTSS-aligned approaches.

These interactive workshops focus on urgent, high-impact school mental health challenges, blending evidence-based instruction with practical tools.

Our facilitators are [Rachel Barrett](#) and [Nikki York](#), two experienced licensed clinical social workers supporting the Workforce for Student Well-Being (WSW) Initiative.

Registration Includes:

- Washington Clock hours
- Workbook & policy toolkit
- Evidence-based, actionable content

Session 1 - February 25

Asking is Caring: Suicide Prevention and Intervention for ESAs

Asking is Caring offers a new model that meets WA PESB training requirements. Includes workbook, templates, and policy resources.

Session 2* - March 11

Centering Care: The Role of ESAs in Preventing School Violence Through Threat Assessment and Mental Health Intervention

Discover how bias-aware, care-centered threat assessments led by ESAs can reduce violence and promote safer school climates.

***Threat Assessment Level 1 Training is recommended as a prerequisite for this session. Find a free training through one of the nine ESDs at > [pdEnroller](#).**

Session 3 - March 25

MTSS Approaches to Chronic Absenteeism, School Refusal, and School Re-Engagement

Explore the ESA's role in school refusal and re-engagement—WA has the 9th highest school refusal rate in the country. Learn tiered strategies from prevention to intensive support.

REGISTER TODAY